

AROUND THE TABLE

APRIL 2025

VOL. 1

“ Thank you so much for everything and everyone! MOW makes my life better, easier, healthier, and more affordable. I wouldn't bother to cook because of pain, so I really am healthier! - Epping Client



SUPPORTING OUR STAFF

On April 18, we proudly celebrated Staff Appreciation Day, honoring the incredible team behind our mission. A heartfelt thank you to our dedicated staff – your hard work, compassion, and commitment are truly the heart of everything we do.

We're especially grateful to Glendale Dining Services, Inc. for not only providing daily meals for our program, but also for their thoughtful gestures in recognizing our team.

Thank you as well to Ian Moltenbrey from The Lawson Group for speaking with our staff about workplace safety – a vital part of our daily efforts. And a special thanks to The Vic Geary Drop-In Center for graciously hosting us for this celebration!



Volunteer APPRECIATION WEEK

April 20-26 we had the joy of celebrating just a few of the incredible volunteers who help make Meals on Wheels possible – and we're so grateful for each and every one of them!

Feeling inspired and want to get involved?

We're always looking for kind, dependable people to join our team! If you're interested in volunteering with Meals on Wheels, give us a call at (603) 679-2201 and ask to speak with our Operations Manager, Helen. She'd love to hear from you!

Thank you again to all our volunteers – your time, energy, and compassion make a world of difference.

HAMPTON WINS THE GOLDEN TRAY AWARD!



Salem High School CTE -Career & Technical Education-



Salem CTE Carpentry students built 45 wooden trays for hot stones, helping Meals on Wheels keep meals warm for our community – a hands-on lesson in skill and service!

Meals that Matter

A LIFE CHANGING DIFFERENCE

A recent client was in a fragile state. Living with leukemia and several other health challenges, her home was carefully sealed to keep out germs – plastic strips at the doors, masks and hand sanitizer a must for any visitor. She had no appetite and often didn't eat until well into the evening.

But today, she called us in tears – tears of joy.

Thanks to the support of Meals on Wheels, she's now eating regularly, growing stronger, and feeling like herself again. Her medical tests – all 19 of them – are showing major improvements. Most touchingly, she's now comfortable enough to go without a mask in her own home.

She says the meals are a blessing and she looks forward to them. She even raves about her driver, who brings not just food, but connection and care.

**For privacy, this image is a representation and does not depict a current Meals on Wheels client.

