

AROUND THE TABLE

A Meals on Wheels Publication

JUNE 2025

A Drivers Difference



One of our Meals on Wheels Site Managers ran into a local hairdresser, someone who, as it turns out, shares many of the same clients we serve. The hairdresser smiled as she shared a sweet moment from the day before that she had with a mutual client.

One of our drivers, Danny, had stopped to deliver a meal and struck up a friendly conversation with the client. He mentioned he and his wife were planning a motorcycle ride later that day, and they both laughed as she teased him to “be safe out there.”

The client kept talking about him to her hairdresser, stating how much she looks forward to his visits every day. Since her husband passed away years ago, she’s been living alone, and the silence can be heavy. Danny’s daily check-ins bring more than just a meal; they bring friendship and a connection she truly treasures. On days he’s not there, she feels his absence deeply and worries about him.

This story is a touching reminder that our drivers do so much more than deliver food. They show up with kindness, conversation, and consistency, and sometimes, that makes all the difference in someone’s day.



Danny- Exeter Driver

COMMUNITY GRANTS, COMMUNITY IMPACT



RIVERWOODS EXETER CHARITABLE FUND



SEACOAST WOMEN’S GIVING CIRCLE

We are proud and grateful to have been selected as grant recipients by both the Seacoast Women’s Giving Circle and the Riverwoods Exeter Charitable Fund.

Thanks to their generosity, we’ll be able to provide over 4,000 meals to homebound seniors across Rockingham County.

These grants help us do more than deliver food—they help us deliver daily check-ins, connection, and compassion to those who need it most. Thank you for believing in our mission.

SALEM FREEZER IS FULL OF GRATITUDE



Thanks to a generous grant from New Hampshire Charitable Foundation's Charlie Bucket Fund, we were able to purchase a brand new freezer to support our Salem Meals on Wheels program. This upgrade helps us safely store more meals for local clients! We’re so grateful for this support.

Sherry Savary

Epping Site Manager

Celebrating 25 Years with Meals on Wheels!



Meet Sherry, our wonderful Epping Site Manager, who is celebrating 25 years with Meals on Wheels! Over the past two and a half decades, Sherry has helped serve over 370,000 meals to older adults in our community, an incredible milestone that speaks to her dedication, compassion, and heart for service. Thank you, Sherry, for being such a vital part of Meals on Wheels and for the care you bring to your work every single day!

THANK YOU!
 FOR SUPPORTING
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THANK YOU TO ALL OUR 2025 NH GIVES DONORS AND HELPING US REACH \$1,045!

LIBERTY MUTUAL INSURANCE- DONATES SHELF STABLE GOODS



Thank you to the Salem Area Women's Club for donating 72 mini bouquets of flowers to our Salem clients!



Thank you to our friends at **Liberty Mutual Insurance** for their growing support of our Meals on Wheels program. A heartfelt thank you to Patti Mengi and the **Dover Office** for organizing a wonderful shelf-stable food drive, donating 10 full boxes of food along with cheerfully decorated bags to brighten the day of our high-need clients.



And the generosity didn't stop there, Lisa and the **Portsmouth Office** joined in with an incredible donation of over 170 beautifully decorated bags to be filled with their donated shelf-stable items and daily meals. Thank you, Liberty Mutual, for helping us care for our community, one thoughtful bag at a time!



Volunteers are always welcome!

Meals on Wheels is always welcoming volunteers to support local meal sites. While volunteers do not deliver meals, they play a vital role by helping with activities, cleanup, packaging, and other tasks that keep our programs running smoothly. It's a great way to give back and make a meaningful impact in your community. If you're interested or would like to be matched with a nearby meal site, please contact Operations Director, Helen Kostrzynski at (603) 679-2201.

LUNCH & A CONCERT

The Salem Meals on Wheels Site had the pleasure of welcoming the **Comedy Masque Revue Group** from Haverhill, MA for their Father's Day Special Meal celebration!

This talented group, made up of local Haverhill seniors, has been spreading smiles since 1959! Known for their fun-filled variety shows, the Comedy Masque Revue brings music, comedy, and heartfelt performances to audiences of all ages. They regularly travel to nursing homes, senior centers, and community programs throughout the area, and we were so lucky to be one of their stops! Their lively performance made our Father's Day Luncheon truly unforgettable.



Do you, or someone you know, have a passion for helping others and building community?

Join Our Team

- Plaistow:**
- Delivery Driver
 - Back UP Delivery Driver
- Londonderry:**
- Back Up Delivery Driver
- Exeter**
- Site Manager
 - Delivery Driver

CONTACT US

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BECAUSE EVERY MEAL MATTERS.



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