

# AROUND THE TABLE

*A Meals on Wheels Publication*

JULY 2025

## NH RENAISSANCE FAIRE SUPPORTS SENIORS



*Pictured L to R: Bob Bean, Tim Diaz, Tori Cook*

The New Hampshire Renaissance Faire, brought to life by the incredible Three Maples Renaissance Corporation, has once again shown what community support can do. Our heartfelt thanks to Bob Bean (Board Director) and Tori Cook (Board Member) for presenting our Executive Director, Tim Diaz, with a generous check for \$46,041 in support of

Meals on Wheels of Rockingham County. We are honored to be one of the recipients of proceeds from this magical event, alongside our friends at the NH Food Bank. This kind of support directly helps us provide nourishing meals and vital wellness checks to older adults across Rockingham County, empowering them to live healthier, more independent lives. Thank you for making a real difference!

## MEET OUR NEW CATERER

We are happy to announce that TRIO Community Meals is now partnering with us as our new caterer, providing meals for our Meals on Wheels program. As the nation's largest provider of older-adult nutrition programs, TRIO brings over 50 years of experience. Their



chef-crafted, dietitian-designed menus offer diverse, nutrient-dense options that align with the Dietary Guidelines for Americans and promote both health and dignity. We're confident that TRIO's compassionate, culturally tailored meals and robust service network will enhance our program and help us continue meeting the needs of our clients with care.

We also want to extend our deepest gratitude to Glendale Dining Services for their exceptional dedication and years of service. Their consistent support and commitment have played a vital role in nourishing our communities, and we are sincerely thankful for their support.

## MEALS ON WHEELS LAST FISCAL YEAR

2,836



Rockingham County  
 Clients Served

8,794



Transportation  
 Rides

369,648



Nutritious  
 Meals Served

## A Neighbors Concern



A kind-hearted neighbor grew worried about the gentleman living next door. He was not in good health, often skipping meals or relying on takeout when he could afford it. With worsening vision problems, preparing nutritious food had become nearly impossible for him.

Concerned, the neighbor reached out to one of our Meals on Wheels Site Managers, who quickly went to visit the gentleman. To her surprise, he had never heard of Meals on Wheels. As she explained the services we provide, hot, healthy meals and daily wellness checks, he listened in disbelief, repeating, "You can, really?"

Soon, he began receiving regular, nutritious meals and a friendly visit each day from his delivery driver. The neighbor now shares that his health has improved tremendously, all thanks to having the support he didn't know was available.

# Cheers to Lynn, Eduardo, & Ashley for Year of Service and Impact

This month, we're celebrating three incredible members of our Meals on Wheels family who have each made a lasting impact on our community. After 12 amazing years as our Newmarket Site Manager, Lynn Hoffman is retiring! Lynn's dedication has helped serve more than 180,000 meals, and her compassion and hard work have touched the lives of countless seniors. We're deeply grateful for all she has done and wish her a happy, well-deserved retirement.

We're also celebrating two amazing milestones: Eduardo, one of our beloved Londonderry Meal Delivery Drivers, is marking 10 years of service, and his 80th birthday! His warmth, reliability, and kindness brighten the days of everyone he meets. In addition, Ashley Tilbe, our Client Services Manager, is celebrating 10 years with Meals on Wheels. Ashley's journey from Administrative Assistant to a key leadership role is a testament to her talent, dedication, and heart for our mission. Please join us in applauding Lynn, Eduardo, and Ashley for their years of service and the tremendous difference they make every day.



Lynn Hoffman



Eduardo Pedreira



Ashley Tilbe

**BECAUSE  
EVERY MEAL MATTERS.**



CLICK OR SCAN  
HERE TO  
DONATE

## GRILL AND CHILL

On July 17, the Salem Meals on Wheels site hosted its annual Picnic Special at the Ingram Senior Center, where guests gathered for a day filled with laughter, music, and summer spirit. Due to the extreme heat, the event was moved indoors, but the fun and excitement were as lively as ever!

Big thanks to the Ingram Senior Center for providing upbeat music, DJ-led trivia games, and the always-popular Kona Ice shaved ice truck, which offered a cool treat to beat the heat. Guests were treated to a classic picnic menu of hot dogs, hamburgers, and creamy coleslaw, creating the perfect summer feast. It was a wonderful day of smiles, connection, and celebration for all who attended.

## DELIVERING MEALS: 2 WHEELS AT A TIME

Say hello to Sean, one of our dedicated Exeter Meals on Wheels delivery drivers! A proud combat veteran, Sean brings the same commitment and heart to his deliveries as he did during his service. When the weather is nice, you'll spot Sean cruising through town on his motorcycle, bringing nutritious meals and personal connection to his clients.

Our clients light up when they see Sean pull up on his bike, his visits are more than a delivery, they're a highlight of the day. We're grateful for Sean's service, both to our country and to our community!



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