

AROUND THE TABLE

A Meals on Wheels Publication

OCTOBER 2025

MEALS ON WHEELS TAKES HALLOWEEN ON THE ROAD



This October, our team at Meals on Wheels of Rockingham County traded in our delivery bags for candy buckets and joined in on the Halloween fun across the county!

We were thrilled to take part in Derry's Downtown Trick or Treat, Salem Rec's Annual Trunk or Treat, and the always-festive Plaistow Pumpkin Festival—where our very own pumpkin entry won "Most Creative Pumpkin!"

These events gave us a chance to connect with families, share some sweet treats, and spread the word about the important services Meals on Wheels provides to older adults in our community—from home-delivered meals to transportation and friendly wellness checks.

A huge thank-you to everyone who stopped by our tables, chatted with our team, or admired our award-winning pumpkin! Your smiles and support make our work even more rewarding.

Until next year, stay spooky, Rockingham County!



BLAST FROM THE PAST

Over the years, Meals on Wheels has shared countless smiles, meals, and moments that have shaped who we are today.

From the early days of delivering meals to today's coordinated routes and community events, every photo tells part of our story.

These photos remind us that while times may change, our mission of nourishing neighbors with food and friendship remains the same.



“Meals on Wheels ensures I get 5 well rounded, nutritious meals a week, and for this I am very grateful. It gives me something to look forward to for most of the week.”
 -Current Meals on Wheels Recipient

WE'RE ALMOST THERE!

Just **100 more** wonderful seniors are waiting for a little holiday cheer! Our Santa for Seniors Gift Program is close to reaching all 1,100+ homebound seniors, and you can help us get there. You can register today to purchase a gift and spread some cheer this year!



GATHER 'ROUND THE TABLE: LUNCHEONS AT MEALS ON WHEELS

Did you know that each of our Meals on Wheels sites does more than prepare and package meals for home delivery? They're also lively gathering spots where older adults come together for our daily luncheons. A chance to share a meal, catch up with friends, and enjoy some good company.



Each month, our sites also host a "Special Meal" celebrating an upcoming holiday or season. This October, we got an early start on Halloween! On October 23rd, many of our sites were buzzing with excitement; costumes, decorations, and plenty of sweet treats filled the room. Laughter echoed as friends played trivia, backgammon, solitaire, and mahjong, while others simply enjoyed the chance to reconnect.

These luncheons aren't just about food, they're about friendship, fun, and community. Whether you come for the games, the conversation, or the homemade meal, there's always something to look forward to. And who knows? You might even make a few new friends along the way.

SURVEY SAYS...

Each year, Meals on Wheels sends out a survey to our clients to help gauge how our services are supporting them. We value this feedback as it helps us ensure we're meeting the needs of those we serve and continue improving wherever possible.

Here are some key results from our most recent survey:

- 30%** of respondents said their meal delivery driver is the only person they see all week.
- 95%** of respondents said they feel safer knowing we're looking out for their safety and well-being.
- 80%** of respondents said Meals on Wheels has been vital in helping them stay in their home.

OUR CURRENT CLIENT SURVEYS ARE OUT NOW, AND WE LOOK FORWARD TO SHARING THE RESULTS IN JANUARY!

BECAUSE EVERY MEAL MATTERS.



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